

What increases the risk of an opioid overdose?

Anyone using street drugs is at risk of having an overdose, but the risk can be increased by:

- 1 Mixing with other drugs**
Especially alcohol and benzodiazepines.
- 2 Using alone**
This means there is no-one around to call for help.
- 3 Low tolerance**
After a period of time not using, or using less.
- 4 Injecting**
This gives a whole hit, though overdose can still happen through smoking.
- 5 Changes in purity**
Or if something unexpected is mixed with the drugs.
- 6 A recent overdose**
As your body may not yet have fully recovered.
- 7 Poor health**
Due to a lowered immune system.



Carry Naloxone - contact your local service or order a kit online

www.turning-point.co.uk/overdose



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